

## **Congratulations on being prescribed ASTERA Multifocal Toric**

Your Eye Care Practitioner has prescribed ASTERA Multifocal Toric lenses to correct your vision. These extraordinary lenses are custom manufactured precisely for you to correct your near and far vision *simultaneously*. Thousands of patients are successfully wearing ASTERA; enjoying comfortable lens wear and great vision at all distances. We hope you are excited over the prospect of youthful vision. We are excited for you!

While ASTERA represent the very best in multifocal contact lenses, there are several things that you can do to ensure you and your Eye Care Practitioner are successful with your lenses.

- 1) Successfully fitting patients in any multifocal contact lens is a *PROCESS*. You should expect that it will take some time, a few visits to your Eye Care Practitioner along with patience and commitment on your part.
- 2) For most patients, successful outcomes with multifocal contact lenses require a balanced approach. Your Eye Care Practitioner may work to determine which area of your vision is most important. Perhaps near or intermediate is more critical than distance as an example. Practitioners try to tailor your contact lenses to your specific visual needs.
- 3) Somewhat unique to ASTERA is the ability of vision to *EMERGE* in the first few days. You may in fact leave your Eye Care Practitioner's office with less than perfect vision at one distance or another. You should commit to wear your ASTERA lenses for as long as you can over the trial period recommended by your Doctor. The longer you wear the lens, the higher your likelihood of success will be. With commitment, most patients find a marked improvement in their lenses by the end of the second day of committed wear.
- 4) Once you become accustomed to the optics of ASTERA you should continue to wear the lenses frequently. If not, you may notice that your ability to see well can deteriorate as if you were starting over again.
- 5) Always follow the lens care instructions provided by your Eye Care Practitioner.

**We hope these tips will get you to that fantastic endpoint you expect with ASTERA Multifocal Toric!**